

Chief Officer Update

1. Nottingham GP Practices awarded *Outstanding* by the Care Quality Commission

Two practices in Nottingham City CCG have received an overall rating of *outstanding* following a comprehensive inspection by the Care Quality Commission. This is a fantastic achievement with only 71 practices nationally having been awarded this status out of the 1691 practices that the CQC has inspected to date using the new ratings system.

The University of Nottingham Health Service practice was inspected in June 2015 and the report, which was published in August, highlighted a range of examples of outstanding practice including:-

The practice had excellent access to appointments and could demonstrate the impact of this by reduced use of secondary care services (specifically accident and emergency) and positive patient survey results

The practice was proactive in its approaches to sexual health screening and prevention in collaboration with the University of Nottingham, CCG and Public Health.

NEMS Platform One practice was inspected at the end of June 2015 and the report was published on September 24th. The examples of outstanding practice mentioned in the report included:-

The practice had high numbers of patients who were asylum seekers. The practice was working with public health and the local charity for refugees and asylum seekers, to develop a multilingual booklet, which would enable families from overseas to understand the National Health Service.

High importance was placed on educating patients to self-manage their conditions. For example, the practice had implemented a City wide initiative, which demonstrated the use of inhalers by video, and simple physiotherapy exercises for the benefit of patients with asthma and musculoskeletal conditions.

2. ***Future in Mind' – Promoting, Protecting and Improving our Children and Young People's Mental Health and Wellbeing'***

The above report was produced by the national children and young people's mental health and wellbeing taskforce established in September 2014. The taskforce considered ways to make it easier for children, young people, parents and carers to access help and support when needed and to improve how children and young people's mental health services are organised, commissioned and provided. The report describes an integrated whole-system approach to transformation that should be delivered locally between 2015 and 2020.

In August 2015 the Government published guidance to help local areas with implementation and detailing the requirements of the local transformation plan which is to be developed under the governance of the CCG and local Health and Wellbeing Board. This plan is required to set out the steps that local areas will take to improve services and thus outcomes for children and young people and must be submitted by 16 October 2015.

Each CCG has been allocated additional investment both to develop and implement the transformation plan. For 2016/17 onwards there will be a minimum recurrent uplift (subject to transformation plan assurance) of £633,938. This includes the ongoing funding allocation for eating disorders. The Nottingham Future in Mind transformation plan will build on the recommendations from the local review of child and adolescent mental health services in Nottingham City that was undertaken in 2013/14. The review was initiated as child and adolescent mental health service providers reported increased activity across services, a rise in the complexity of presentation and a shortage of in-patient beds causing pressure in other parts of the system. In response to this NHS Nottingham City CCG commissioned an external consultancy to review services.

In preparation for the transformation planning process, a self-assessment against the Future in Mind recommendations has been undertaken. The self-assessment confirmed the areas already identified as priorities for action through the pathway review, but also identified the following areas which will require focus through the transformation plan:

- Developing the workforce so that professionals across health, education and social care services have the skills and confidence to identify and appropriately support children and young people with mental health problems. This is likely to include the wider roll out of Children and Young Peoples Improving Access to Psychological Therapies.
- Strengthening the measurement and monitoring of outcome measures and performance indicators to drive service improvement.
- Strengthening engagement with schools so that they are better equipped to support children and young people with emerging mental health needs and are able to access timely advice and guidance from appropriately qualified professionals.
- Considering the provision of support to parents through the perinatal and early years phase of childhood.
- Considering the support to the most vulnerable cohorts of children and young people such as those who are homeless or at risk of sexual exploitation.

To meet the requirements of Future in Mind, the CCG is required to have specific specialist services in place including a CAMHS eating disorder service and a CAMHS crisis service. A CAMHS eating disorder service has been piloted in Nottingham City and Nottinghamshire since January 2014. The model is currently being evaluated which will include a comparison between the locally delivered model and the national guidance published by NHS England in August 2015. Depending on the outcome of this evaluation, further funding may be required to ensure the service is compliant with national guidance. As previously noted, additional funding for this purpose has already been allocated through Future in Mind.

The CCG has an established multi-agency steering group that is responsible for the implementation of the local child and adolescent mental health services review recommendations. The remit of this group has now been broadened to oversee the implementation of Future in Mind. A review of the terms of reference and membership of the group will be undertaken to ensure it is fit for purpose for the new requirements. Progress reports will also be made to the Commissioning Executive Group of the Health and Wellbeing Board.

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